UDAYNARAYANPUR MADHABILATA MAHAVIDYALAYA

REPORT ON SPORTS ACTIVITIES

(ACADEMIC SESSION: 2016-17 - 2022-23)

The Students of Udaynarayanpur Madhabilata Mahavidyalya, under the guidance and supervision of the Department of Physical Education have always been very enthusiastic and energetic to participate in Inter-College State Sports and Games Championship and District-Level Sports Competition and also in other Sports Events/ Activities/ Competitions; and in so many times, they have dignified our College by achieving highest positions and a number of medals in those Sports Events, Activities and Competitions. The following Table illustrates some mentionable examples of outstanding performance of the students of our College:

ACADEMIC SESSION	LEVEL OF SPORTS EVENTS/ ACTIVITIES/ COMPETITIONS	NAMES OF SPORTS EVENTS/ACTIVITIES/ COMPETITIONS	NUMBER OF STUDENTS PARTICIPATED IN SPORTS EVENTS/ ACTIVITIES/ COMPETITIONS	NO OF MEDALS/ AWARDS RECEIVED	NAME & POSITION OF THE WINNERS	OVERALL OBSERVATIONS (EXPERIENCE, LIMITATIONS, SUGGESTIONS ETC.)
2016-2017	INTER-COLLEGE STATE SPORTS AND GAMES CHAMPIONSHIP	FOOTBALL, ATHLETICS	FOOTBALL (13), ATHLETICS (09)	03	KHURSHIDA KHATUN (HIGH JUMP) - 2 ND KHURSHIDA KHATUN (LONG JUMP) - 3 RD ARKODUTTI GHOSH (SHOT PUT) - 3 RD	IN THIS ACADEMIC SESSION, THE STUDENTS PUT A LOT OF EFFORTS INTO THE FOOTBALL AND ATHLETICS GAMES. BUT THERE WAS A CO-ORDINATION PROBLEM BETWEEN THE FOOTBALL PLAYERS. HOWEVER, THE STUDENTS HAVE WON AWARDS IN THREE DIFFERENT CATEGORIES OF ATHLETICS, AND ONE STUDENT ALSO RECEIVED AN OPPIORTUNITY TO PARTICIPATE IN STATE-LEVEL ATHLETICS MEET.

2017-2018	INTER-COLLEGE STATE SPORTS AND GAMES CHAMPIONSHIP	FOOTBALL, KHO-KHO, ATHLETICS	FOOTBALL (13), KHO-KHO (12), ATHLETICS (11)	05	ANKITA MAJHI (DISCUS) - 3 RD ANKITA MAJHI (JAVLINE) - 3 RD SOUVIK SARKAR (LONG JUMP) - 3 RD AVRAJIT MANNA (1500M.) - 3 RD SHUVO PARUI (SHOT PUT) - 3 RD	IN THIS ACADEMIC SESSION, THE STUDENTS PARTICIPATED IN KHO – KHO GAMES AND THEY ACHIVED MANY EXPRIENCES. IN THIS YEAR, THE STUDENTS PERFORMED WELL IN ATHLETICS AND RECEIVED AWARDS IN FIVE SEPARATE CATAGORIES.
2018-2019	INTER-COLLEGE STATE SPORTS AND GAMES CHAMPIONSHIP	FOOTBALL, KHO-KHO, ATHLETICS	FOOTBALL (13), KHO-KHO (12), ATHLETICS (11)	04	NOT AVAILABLE	IN THIS ACADEMIC SESSION, THE STUDENTS PARTICIPATED IN KHO- KHO, FOOTBALL, AND ATHLETICS. IN KHO-KHO, THE RESULT WAS NOT AS EXPECTED. BUT THEY REACHED AT SEMI-FINAL IN FOOT BALL. IN ATHLETICS, FOUR STUDENTS PERFORMED WELL AND TWO PLAYERS GOT THE CHANCE TO PLAY AT STATE-LEVEL ATHLETICS MEET.
2019-2020	INTER-COLLEGE STATE SPORTS AND GAMES CHAMPIONSHIP	FOOTBALL, ATHLETICS	FOOTBALL (13), ATHLETICS (05)	NIL	NIL	IN THIS ACADEMIC SESSION, THE STUDENTS DID NOT WIN ANY PRIZE DUE TO THEIR LACK OF PRACTICE.
2020-2021	CLOSED FOR COVID-19 PANDEMIC					
2021-2022	CLOSED FOR COVID-19 PANDEMIC					
2022-2023	HOWRAH DISTRICT INTER-COLLEGE SPORTS AND GAMES CHAMPIONSHIP	FOOTBALL, KHO-KHO, ATHLETICS	FOOTBALL (13), KHO-KHO (12), ATHLETICS (13)	06	PAYEL KHARAR (800M,200M,1500M)- 1 ST ARPITA BAG (800M) - 3 RD SUDIP KOLEY (800M) - 3 RD SUDIP KOLEY (1500M) - 1 ST	ALTHOUGH THE GIRLS DID NOT OBTAIN ANY MEDAL IN KHO-KHO GAMES BUT THEIR PERFORMANCE HAD BEEN VERY GOOD. THIS KIND OF PLAYING HABIT SEEMS TO PAVE THE WAY FOR AWARDS IN THE COMING YEARS. THE PERFORMANCE OF THE GIRLS IN ATHLETICS WAS VERY GOOD. THE BEST WOMEN ATHLETE AWARD WAS ACHIEVED BY PAYEL KHARAR FOR HER OUTSTANDING AND EXCELLENT PERFORMANCE AND TWO PLAYERS RECEIVED THE

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2017-2018

College Sports was organised by our College during winter season during 2017-2018 session on our own College Ground. College students were actively involved in this Sports event





2018-2019

College Sports was organised by our College during winter season during 2018-2019 session on our own College Ground. College students were actively involved in this Sports event



INTER COLLEGE SPORTS-2019 Our college was organized Inter college State Sports and Games Championship on 28th -31th January,2019



2019-2020

College Sports was organised by our College during winter season during

2018-2019 session on our own College Ground. College students were actively involved in this Sports event

2022-2023 The college celebrated International Yoga day on 21june,2023



Celebrated YOGA DAY

College Organized various tournaments like kabaddi ,khoKho,caram both male&Female of2022-2023 session.



Kabaddi



Caram(Male)





Kho-Kho(Male)

College students was actively participated by Howrah District Sports on 20th -23th February at Puras Kanpur Haridasnandi Mahavidyalaya.



District Championship(1st Position of Payel Karar

Due to Covid Pandemic situation no Annual Sports were organised during this session.

2023-2024

College students actively participated by Culcatta University Sports and Games event of 2023-2024 session.



Football Team

Our Woman kho-kho team participated Calcutta University Kho-kho Tournament on 2 April 2024.





A Teaching and Non Teaching stuff with student's friendly Cricket Match was held on 13th January 2024 in our college Ground.



Cricket Match

ANNUAL SPORTS

Last college Sports was held on 22 February 2024 for the current academic session on 2023-2024.Most of the Students were actively involved and enjoyed the Sports. Prize was distributed among successful Students by our respected Principal Sir ,on 28 March 2024.



College students was actively perticipated Howrah Districts Inter College State Sports and Games Championship on 28th February to 5th March2024,at Shtampur Sidheswari Mahavidyalaya.



Kho-Kho Team



1500m.Starting(Men)



Best Women Athlete

Title of the webinar - Importance & Relevance of Study of Music & Physical Education in Primary to Higher Education in the New Normal Situation.

Date - 23/09/2020.

Time - 4:30 P. M. to 7:30 P. M.

Platform - Google Meet & You Tube.

No. of Participants - 112.

Speakers - Prof (Dr.) Asit Roy,

Dr. Md. Arafe Zawad,

Dr. Kankana Mitra (Roy

Chowdhury), Dr. Sridip

Chatterjee.

Organised by - Department of Music & Physical Education, in collaboration with Internal QualityAssurance Cell (IQAC), Udaynarayanpur Madhabilata Mahavidyalaya.

Theme of the Webinar - Manifestation of importance & relevance of Music & Physical Education in Primary to Higher Education in the New Normal Situation.

Outcome- From this webinar, the knowledge gathered by the students in this relevants matters will beutilised if future to the greater context.

Brief Report about Webinar -

One day online International webinar was jointly Organised by the Department of Music and Physical Education in collaboration with Internal Quality Assurance Cell (IQAC), Udaynarayanpur Madhabilata Mahavidyalaya, Howrah -711226, on 23/09/2020 at 4.30 P. M. The webinar was conducted by through Google Meet and You Tube Platform. Total 112 Participants joined in this webinar. The webinar started with the welcome Address by Mr. Nazmul Hoque, Assistant Professor and Head, Department of Music, Udaynarayanpur Madhabilata Mahavidyalaya. After that an inaugural speech was delivered by Dr. Arabinda Ghosh, Principal of Udaynarayanpur Madhabilata Mahavidyalaya.

2 Speakers from Bangladesh (Dr. Asit Roy, Professor, Department of Music, University of Rajshahi, Bangladesh & Dr. Md. Arafe Zawad, Dy. Director [Sports], Bangladesh Public Administration Training Centre [BPATC], Savar, Dhaka, Bangladesh) and 2 Speakers from West Bengal, India (Dr. Kankana Mitra [Roy Chowdhury], Associate Professor, Department of Music, Rabindra Bharati University, Kolkata, West Bengal, India & Dr. Sridip Chatterjee, Assistant Professor, Department of Physical Education, Jadavpur University, Kolkata, West Bengal, India of Music & Professor, Bengal, India) ware invited for this programme. They presented the glory and importance of Music & Physical Education. Those who were present in that webinar were highly benefited to hear their valuable speech. In spite of pandemic situation, the programme was grand success.

The programme lasted for three hours. Vote of thanks was given by Dr. Amlan Sarkar, Assistant Professor and Head, Department of Physical Education, Udaynarayanpur Madhabilata Mahavidyalaya. The webinar ended with a samapti sangeet by the students and teachers of Udaynarayanpur Madhabilata Mahavidyalaya.



ONE DAY INTERNATIONAL WEBINAR

On

Importance & Relevance of Study of Music & Physical Education in Primary to Higher Education in the New Normal Situation.

Date : 23rd September, 2020

Time: 04:30 p.m. onwards (IST)



Organised By

Department of Music & Physical Education Udaynarayanpur Madhabilata Mahavidyalaya

In Collaboration with

Internal Quality Assurance Cell (IQAC)

Udaynarayanpur Madhabilata Mahavidyalaya, Udaynarayanpur, Howrah, West Bengal, PIN – 711226

Important Information

- There is no registration fee.
- Registration begins: 16 th September 2020
- Registration ends: 22nd September 2020
- Registration link: <u>https://forms.gle/gLoAxN428LbMRwVN9</u>
- WhatsApp group link : <u>https://chat.whatsapp.com/E7YiB9VON9kIxLyINGxI17/</u> <u>https://chat.whatsapp.com/Lwc9eY64UbZFUTH6c9vlcv</u>
- Platform : Google Meet & YouTube
- Meeting link will be sent in WhatsApp group.
- *E-certificate will be provided to those registered participants only who will fill up the feedback form.*

Eminent Speakers



Prof. (Dr). Asit Roy Professor, Department of Music, University of Rajshahi, Bangladesh



Dr. Md. Arafe Zawad

Dy. Director (Sports), Bangladesh Public Administration Training Centre (BPATC), Savar, Dhaka, Bangladesh



Dr. Kankana Mitra (Roy Chowdhury) Associate Professor, Department of Music, Rabindra Bharati University, Kolkata, India **Dr. Sridip Chatterjee** Assistant Professor, Dept. of Physical Education Jadavpur University, Kolkata, India

Organising Committee

Dr. Arabinda Ghosh, Principal, Udaynarayanpur Madhabilata Mahavidyalaya (CHIEF PATRON) Smt. Sreemoyee Banerjee, Assistant Professor, Dept. of Bengali, UMM (IQAC CO-ORDINATOR)

JOINT CONVENERS

Mr. Nazmul Hoque, Assistant Professor and Head, Dept. of Music, UMM Dr. Amlan Sarkar, Assistant Professor and Head, Dept. of Physical Education, UMM

OTHER MEMBERS

Dr. Nargis Nasir, SACT, Dept. of Music, UMM Mrs. Piya Chakraborty, SACT, Dept. of Music, UMM Mrs. Shilpa Saha, SACT, Dept. of Physical Education, UMM Mr. Biplab Pramanik, SACT, Dept. of Physical Education, UMM

TECHNICAL SUPPORT

Mr. Anirban Chakraborty, Assistant Professor, Dept. of Sanskrit, UMM

Programme Schedule

Inaugural Session

Welcome address: Mr. Nazmul Hoque, Assistant Professor and Head, Dept. of Music, UMM

Inaugural Speech: Dr. Arabinda Ghosh, Principal, Udaynarayanpur Madhabilata Mahavidyalaya

Technical Session

Speaker (1) : **Prof. (Dr).** Asit Roy, Professor, Department of Music, University of Rajshahi, Bangladesh.

Interactive Session: 5 min

Speaker (2) : Dr. Md. Arafe Zawad, Dy. Director (Sports), Bangladesh Public Administration TrainingCentre (BPATC), Savar, Dhaka, Bangladesh.

Interactive Session: 5 min

Speaker (3) : Dr. Kankana Mitra (Roy Chowdhury), Associate Professor, Department of Music, Rabindra Bharati University, Kolkata, India.

Interactive Session: 5 min

Speaker (4) : Dr. Sridip Chatterjee, Assistant Professor, Dept. of Physical Education, Jadavpur University, Kolkata, India.

Interactive Session : 5 min

Session Co-Ordinator: Mr. Nazmul Hoque, Assistant Professor and Head, Dept. of Music, UMM

Valedictory Session

Vote of Thanks: Dr. Amlan Sarkar, Assistant Professor and Head, Dept. of Physical Education, UMM

Samapti Sangeet :

Title of the webinar - Yoga demonstration for wellness during covid pandemic .

Date - 05/07/2021.

Time - 7:30 A.M. to 9:30 A.M.

Platform-Google Meet.

No of Participants - 97.

Organised by - Department of Physical Education, in collaboration with Internal Quality Assurance Cell (IQAC), Udaynarayanpur Madhabilata Mahavidyalaya.

Theme of the webinar - Yoga demonstration.

Outcome - To assisst the students to keep their health sound during pandemic period through Yoga.

Brief Report about Webinar- A virtual one day state level webinar was Organised by the Department of Physical Education in collaboration with Internal Quality Assurance Cell (IQAC), Udaynarayanpur Madhabilata Mahavidyalaya, Howrah -711226 on 05/07/2021 at 7.30 A.M. The webinar was conducted through Google Meet Platform. All total 97 Participants joined in this webinar. The webinar started with the welcome address by Dr. Amlan Sarkar, Assistant Professor and Head, Department of Physical Education, Udaynarayanpur Madhabilata Mahavidyalaya. After that an inaugural speech was delivered by Dr. Arabinda Ghosh, Principal of Udaynarayanpur Madhabilata Mahavidyalaya.

For this programme the students were practice regularly yoga under the supervision of expert teachers. The main aim of this programme was through yoga practice how the students developed their Mental, Emotional, Physical Health etc as well as peace on mind for this covid-19 pandemic conditions. Students form different colleges including our college and faculty members as well, took active roll. Students as well as teachers were very much satisfied to attended the webinar.

The whole programme was conducted by Shilpa Saha and Biplab Pramanik , Teachers , Department of Physical Education , Udaynarayanpur Madhabilata Mahavidyalaya . Technical support was given by Anirban Chakraborty , Assistant Professor , Department of Sanskrit , Udaynarayanpur Madhabilata Mahavidyalaya . The programme lasted for two hours . Vote of thanks was given by sreemoyee Banerjee , Assistant Professor and Head , Department of Bengali , Udaynarayanpur Madhabilata Mahavidyalaya .

ONE DAY STATE LEVEL WEBINAR

ON

YOGA DEMONSTRATION FOR WELLNESS DURING COVID PANDEMIC

<u>Date - 5th July, 2021</u>

Time - 07:30 a.m. onwards



Organised by

Department of Physical Education Udaynarayanpur Madhabilata Mahavidyalaya In collaboration with Internal Quality Assurance Cell (IQAC) Udaynarayanpur Madhabilata Mahavidyalaya, Udaynarayanpur, Howrah, West Bengal, PIN – 711226



Organising Committee

Dr. Arabinda Ghosh, Principal, Udaynarayanpur Madhabilata Mahavidyalaya (CHIEF PATRON) Smt. Sreemoyee Banerjee, Assistant Professor, Head, Dept.

of Bengali, UMM (IQAC CO-ORDINATOR) Dr. Amlan Sarkar, Assistant Professor and Head, Dept. of Physical Education, UMM (CONVENER)

OTHER MEMBERS

Mrs. Shilpa Saha, SACT, Dept. of Physical Education, UMM Mr. Biplab Pramanik, SACT, Dept. of Physical Education, UMM

TECHNICAL SUPPORT

Mr. Anirban Chakraborty, Assistant Professor, Dept. of Sanskrit, UMM

Programme Schedule

Welcome address : Dr. Amlan Sarkar, Assistant Prof. and Head, Dept. of Physical Education, UMM Inaugural speech : Dr. Arabinda Ghosh, Principal, Udaynarayanpur Madhabilata Mahavidyalaya **Yoga demonstration (Perform by our college students) :**

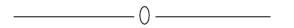
Session 1: Coordinator Mrs. Shilpa Saha, SACT, Dept. of Physical Education, UMM

Session 2: Coordinator Mr. Biplab Pramanik, SACT, Dept. of Physical Education, UMM

Vote of thanks : Smt. Sreemoyee Banerjee, Assistant Professor, Head, Dept. of Bengali, UMM

Important announcements

- Platform : Google Meet
- Meeting link will be sent on 5th July 2021 at 7:00 am via Whatsapp.



MAJOR HIGHLIGHTS ON THE ACHIEVEMENTS IN SPORTS COMPETITIONS











No. D/ 028 **GOVERNMENT OF WEST BENGAL INTER COLLEGE DISTRICT SPORTS & GAMES CHAMPIONSHIP, 2016-17 Under the auspices of Education Directorate** Patronage of Higher Education Department, Government of West Bengal Certificate of Honour (Athletics) Certified that Smt. / Sri Ankaduti Ghosh Elday mara yankur Madhaleilata College / Mahavidyalaya of Howrah District participated in the Inter College District Sports & Games Championship 2016 - 2017 held from Discul securing 1st / 2nd / 3rd position with a performance 25. 70 time / height / distance. Chairma Observer Secretary



No DIODIS **GOVERNMENT OF WEST BENGAL** Inter College District Sports & Games Championship, 2017-15 Under the auspices of Education Directorate Patronage of Higher Education Department, Government of West Bengal Certificate of Honour (Athletics) Certified that Sme. 1 Set. Axregit Mana of Udaymanayanpur Madhabilata college/Mahavidyalaya of Howark District participated in the Inter College District Sports & Games Championship, 2017-18 held from 03-02-2018 to 05.02.2018 at the venue of Makardah Union Club Ground in the event 1500 m. Maa securing 1st / 2nd / 3rd position with a performance 1 4:51:03 time / height / distance. ashuh Government Observer **Organizing Secretary** airman

GOVERNMENT OF WEST BENGAL No. D/ Post Inter College District Sports & Games Championship, 2017-18 Under the suspices of Education Directorate

Patronage of Higher Education Department, Government of West Bengal

Certificate of Honour (Athletics)

Certified that Smt. / Sm. ANKITA MAJI of Lidey narayan Bur madbabilate cottege/Mahavidyalaya of Hownen. District participated in the Inter College District Sports & Games Championship, 2017-18 held from 03.02.2019 to 05.02.2018 at the venue of Makardah Union Club Ground in the event Javelin Momen securing 1st / 2nd / 3rd position with a performance 18.05 mt time / height / distance. Government Observer Organizing Secretary



Inter	GOVERNMENT OF WEST BEN College District Sports & Games Champi Under the auspices of Education Dire	ionship, 2017-18
Patronage	of Higher Education Department, Govern	nment of West Bengal
	Certificate of Honour (Athletics)	
Certified that Sms. /	sri Souvik Sarchar	
	pure, Madia de La Callege/ Mahavia llege District Sports & Games Championsh	
05.02.2018. at the venue	of Makardah Union Club Gro	mad in the event Long Trans
R	ion with a performance 5.46 a	Corganizing Secretary
Chairman	Governingin observer	

GOVERNMENT OF WEST BENGAL

No. D/0034

Inter College District Sports & Games Championship, 2017-18 Under the auspices of Education Directorate &

Patronage of Higher Education Department, Government of West Bengal

Certificate of Honour (Athletics)

Certified that Smit. / Sri Subho Parce. of Udays aray appar. Madhab: lata College/Mahavidyalaya of Howral District participated in the Inter College District Sports & Games Championship, 2017-18 held from 03.02.2018 to 05.02.2018. at the venue of Makardah Union Club Ground in the event Shot Pat Securing 1st/2nd/3rd position with a performance 8.73 m time/height/distance. Chairman Government Observer Organizing Secretary



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GOVERNMENT O	F WEST BE	NGAL
Inter College State Sports & Distric Under the auspices of	Games Championship, 20 ct Level f Education Directorate Higher Education	018-19
Certificate	of Honour	
(Ath	letics)	
Certified that Smit. / Sri AKASH DE		of
Udaynarayanpur Madhabilata Maha	vidyalaya Co	ollege / Mahavidyalaya of
Howrak	District participated in	the Inter College District
Sports & Games Championship, 2018-19 held during the	period 28-01-2019	to
at the venue of Uday naray ampur. Madhabilata	Mataridyalizzahe event of J.	VELINE
securing 1# / 2nd / 3rd position with a performance of . Sec	cond Time / Height /	Distance.
Date : 28 January, 2019 Government Observer OPPO A5 2020 · By Akash	Addresson Organising Secretary Organising Committee	Chairman Organising Committee



💽 GPS Map Camera

Google

Kanpur Puras, West Bengal, India M2FJ+4WC, Purash College Rd, Kanpur Puras, West Bengal 711410, India Lat 22.672616° Long 88.032239° 20/02/23 03:06 PM GMT +05:30

GPS Map Camera

Kanpur Puras, West Bengal, India M2FJ+4WC, Purash College Rd, Kanpur Puras, West Bengal 711410, India Lat 22.672442° Long 88.032173° 20/02/23 03:49 PM GMT +05:30

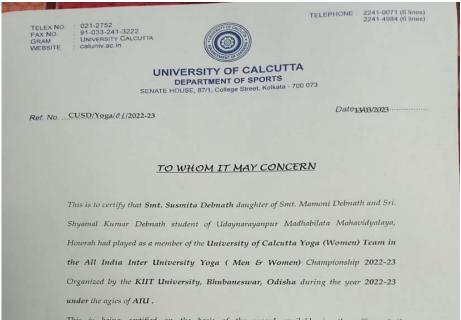
Google

District Level

Under the ausp	E STATE SPORTS & GAMES CH.	MPIONSHIP 2022-2023 Education Department
Certif	icate of Part	cipation
Certified that Smt./Shri.	ayel Kanrar	Prove to Say
of Ildownorouann	und Madhabilata	***************************************
Duginuguip	and magnaticala	College /
Mahavidyalaya of	Howrah	District participated in
Athletics / Football / Kho Kho	o in the Inter College State Sports	District participated in I Games Championship, 2022-23
held during the period 10th Ma	o in the Inter College State Sports arch, 2023 to 16th March, 2023 a	District participated in I Games Championship, 2022-23
Athletics / Football / Kho Kho held during the period 10th Ma	o in the Inter College State Sports arch, 2023 to 16th March, 2023 a	District participated in I Games Championship, 2022-23
Athletics / Football / Kho Kho	o in the Inter College State Sports arch, 2023 to 16th March, 2023 a	District participated in I Games Championship, 2022-23

YOGA

Our College Student susmita Debnath is a Yoga Team Member of Calcutta University. The details are given below -Name - Susmita Debnath College – Udaynarayanpur Madhabilata Mahavidyalaya Member - University of Calcutta Yoga (Women) Team Championship - All India Inter University Yoga (Men & Women) Session - 2022-2023 Organized – KIIT University , Bhubaneswar,Odisha Certificate of Honour (YOGA)



This is being certified on the basis of the record available in the office of the Department of Sports, University of Calcutta.

Auniual (H194-2) (3/13/2023 (Dr. Aminul Hoque) Sports Officer University of Calcutta, (DR. AMINUL HOQUE) Sports Officer University of Calcutta

